

STUDY GUIDE

JOURNEY THROUGH THE BIBLE 2
2012

CAIN AND ABEL



EXCAVATE CONTEXT (Use these references for study preparation)

- Lou Fortier, "Journey through the Bible: Cain and Abel," 2012. (sermon available online at www.GodFor.Us)
- Michael Harbin, *The Promise and the Blessing*, (Grand Rapids: Zondervan, 2005), 78-80.



EXPLORE THE SCRIPTURE

Then the LORD said to Cain, "Why are you angry? Why is your face downcast? ⁷If you do what is right, will you not be accepted? But if you do not do what is right, sin is crouching at your door; it desires to have you, but you must rule over it" Gen. 4:6-7/NIV).



DIG DEEP TO DO

1. Anger is a God-given response designed for sin. Aiming anger at the wrong target leads to destruction. What are the main places you aim anger when it comes to you, others, and sin? How does anger help and/or hurt each case?
2. What sins have plagued your family and how have they impacted your life?
3. How does sin pass from generation to generation in your family?
4. What action might you take to introduce God's healing power over the sins that can plague your posterity?
5. How does our dark side develop, and why do we nurse it?
6. What things trigger your dark side and what godly actions could give you victory over it?
7. What steps could we take to change our actions to lead our attitudes into new, greener pastures?

Once people stepped onto the sin path, the pain porthole was wide open. Within one generation people went from fruit tasters to murderers. Eyes were opened and now we all know evil as well as good. Wounding has become our hallmark but in the middle of our mess, God made a way. In Jesus we are not subject to sin and can "rule over it." We are in a fight for life but every step of obedience solidifies an incorruptible blessing. Live the blessing; be a blessing.